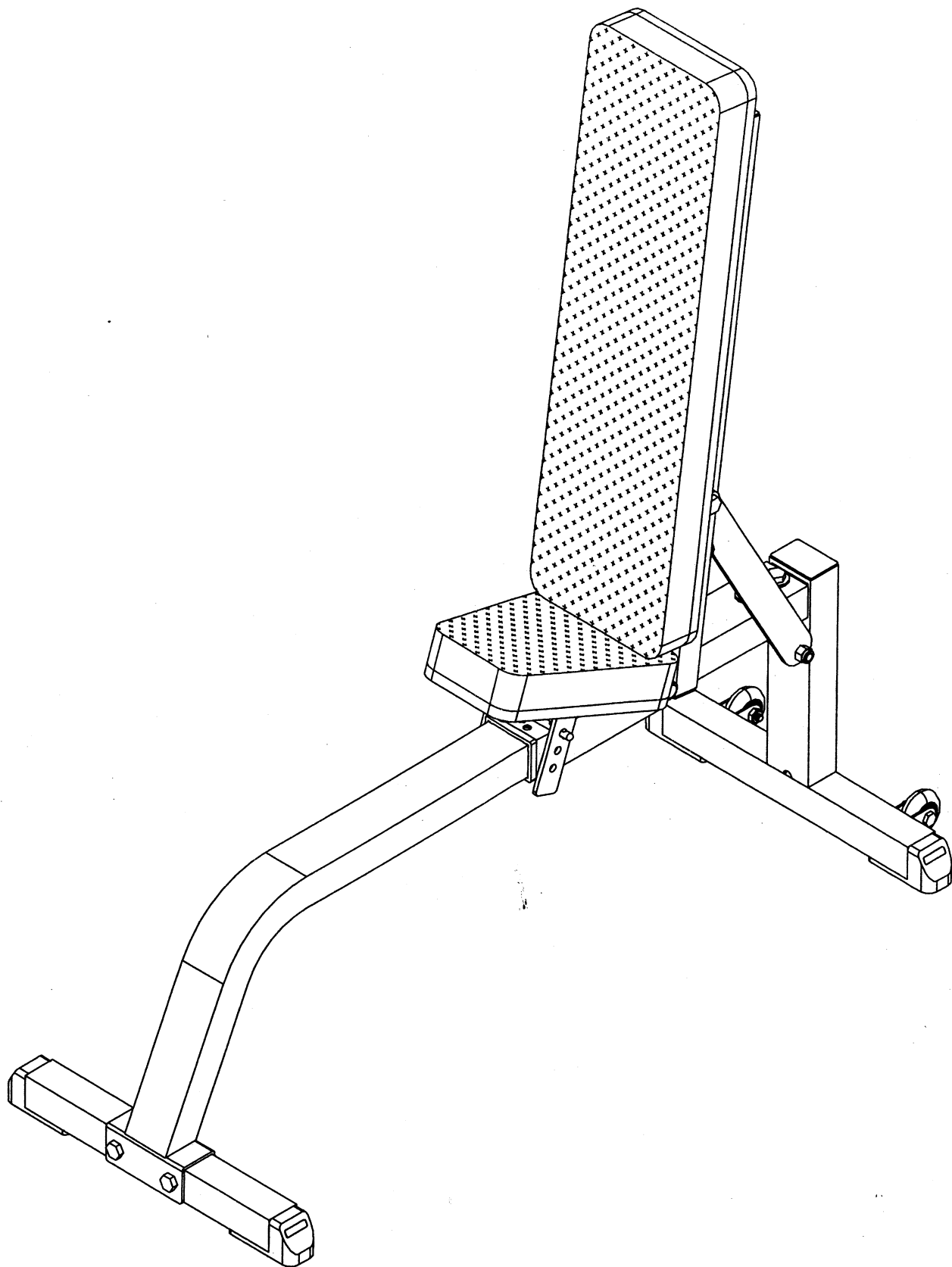


GFI-21

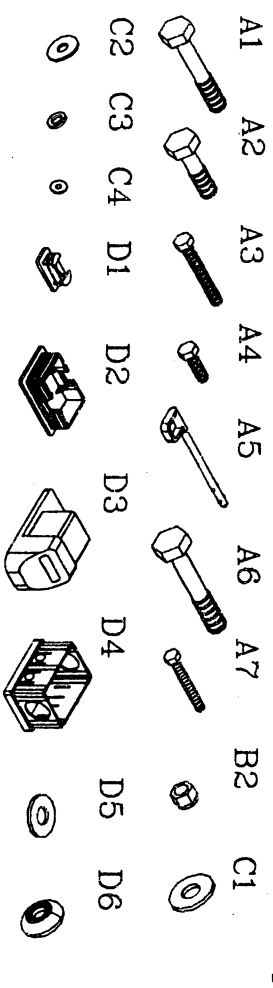


VERSION 0506

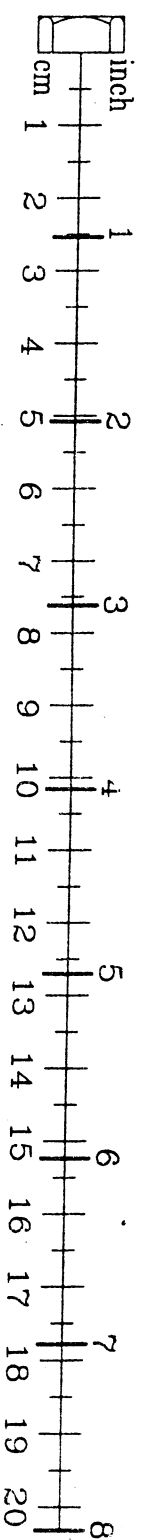
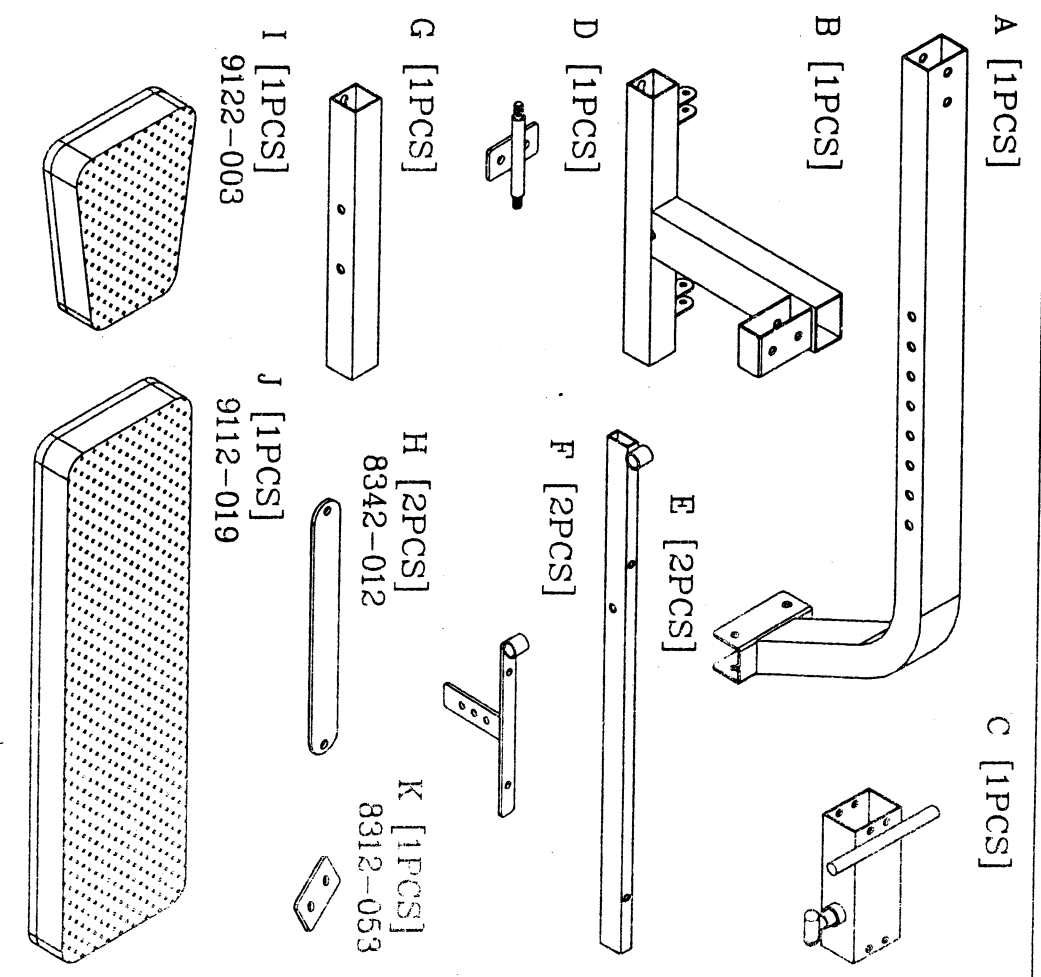
HARDWARE ILLUSTRATION SHEET

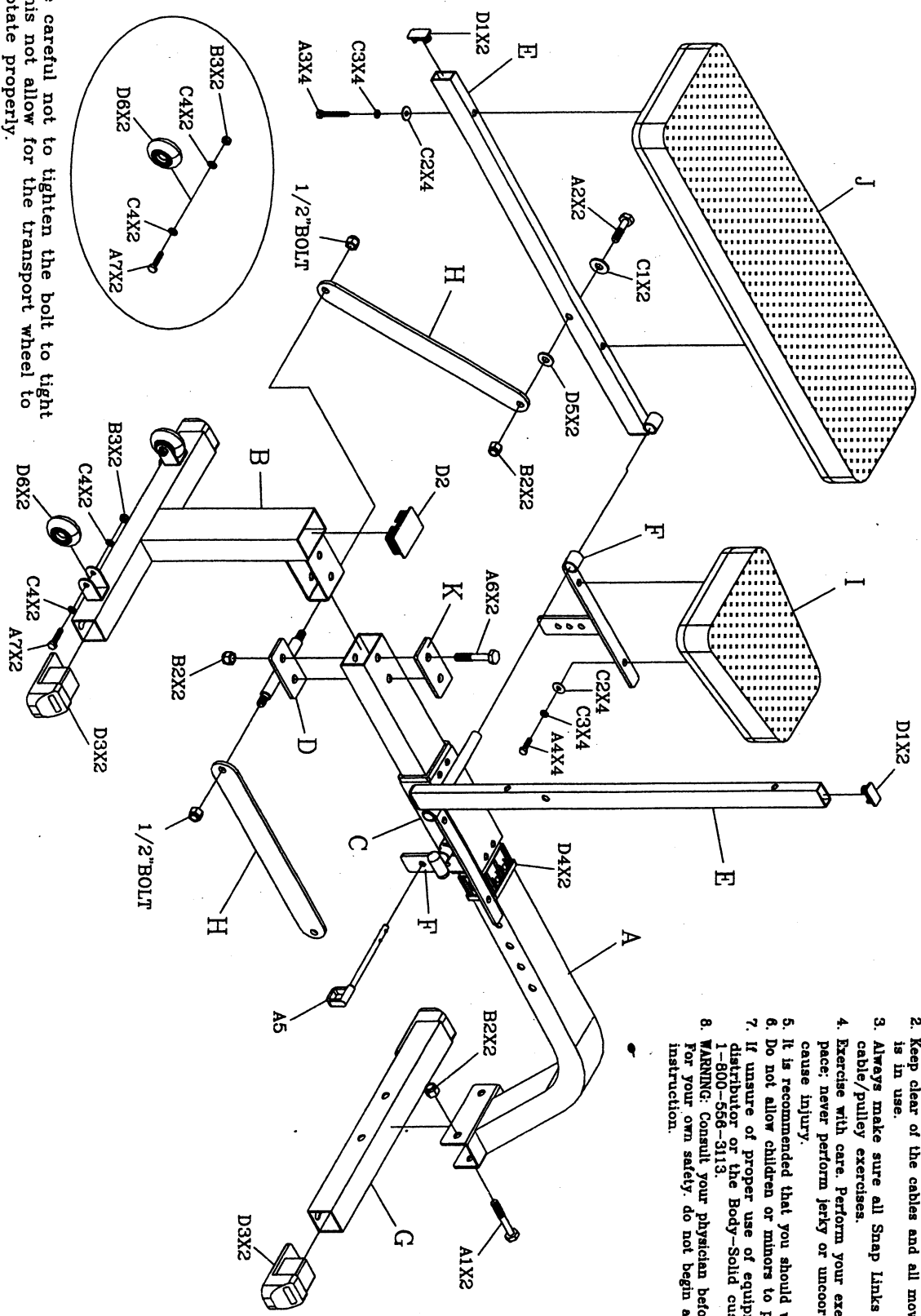
PARTS ILLUSTRATION SHEET

A1.	M12X70	HEX HEAD BOLT	_____	[2PCS]
A2.	M12X45	HEX HEAD BOLT	_____	[2PCS]
A3.	5/16"X2 1/4"	HEX HEAD BOLT	_____	[4PCS]
A4.	5/16"X1"	HEX HEAD BOLT	_____	[4PCS]
A5.	Ø10X150L	PIN	_____	[1PCS]
A6.	M12X80	HEX HEAD BOLT	_____	[2PCS]
A7.	M8X45	HEX HEAD BOLT	_____	[2PCS]
B2.	M12	NYLON LOCK NUT	_____	[6PCS]
B3.	M8	NYLON LOCK NUT	_____	[2PCS]
C1.	M12 (I.D)	WASHER	_____	[2PCS]
C2.	5/16" (I.D)	WASHER	_____	[8PCS]
C3.	5/16" (I.D)	SPRING WASHER	_____	[8PCS]
C4.	M8 (I.D)	SPRING WASHER	_____	[4PCS]
D1.	20X40	END CAP (9211-008)	_____	[4PCS]
D2.	2"X3"	END CAP (9211-012)	_____	[1PCS]
D3.	2"X2"X2.5t	FOOT CAP (9211-025)	_____	[4PCS]
D4.	2"X3"	NYLON BUSHING (9211-031)	_____	[2PCS]
D5.	Ø1/2"X2.5t	CU WASHER (8520-009)	_____	[2PCS]
D6.	Ø64	PULLEY (9213-023)	_____	[2PCS]



Qty.





THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cables for signs of wear. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Failure to follow these rules may result in serious injury.
2. Keep clear of the cables and all moving parts when the machine is in use.
3. Always make sure all Snap Links are closed when doing any cable/pulley exercises.
4. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
5. It is recommended that you should workout with a training partner.
6. Do not allow children or minors to play on or around this equipment.
7. If unsure of proper use of equipment, call your local Body-Solid distributor or the Body-Solid customer service department at 1-800-566-3113.
8. **WARNING:** Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.

RA12-11-98

*Be careful not to tighten the bolt to tight. This not allow for the transport wheel to rotate properly.